

THEME 7 FOOD AND FESTIVALS READING SKILL (PASİFİK)

A. Read the text and complete the diagram adding festival names.

A festival is a special event. It is celebrated by a community for religious, traditional or cultural reasons. Some festivals are associated with food and folklore. Seasonal festivals are determined by the calendar. During festivals, people share love and enjoyment. Here are some examples from around the world

May Day, England : Children in England celebrate the end of winter and the arrival of spring on May 1. A maypole is decorated with flowers and streamers. Children hold the streamers and dance around the pole. A May Queen is crowned each year.

Holi : Hindus have this festival in March to celebrate the arrival of spring. Between drinks, food and a lot of music, people throw coloured powders and paints at each other.

Yi Peng Lantern Festival, Thailand : The celebration is a symbol to obtain Buddhist merit. So many people are attracted by the lights in the air.

Pizzafest, Naples, Italy : Everybody knows that pizza was born in Naples, so such a “delicious” event takes place in the city each year. The best, most famous pizzas from Naples are tasted by pizza lovers. The Pizzafest is celebrated for 11 days long.

The International Istanbul Biennial : The International İstanbul Biennial is held every two years. It is organised by the İstanbul Foundation for Culture and Arts. Visual arts artists from different cultures meet and exhibit their works.

Harbin Ice and Snow Sculpture Festival, China : It is the world’s biggest winter festival and it lasts one month. Ice is cut into blocks and sculptors turn them into huge amazing sculptures. Lights are used to give colour to ice.

Aspendos International Opera and Ballet Festival : It is held at the Aspendos Ancient Theatre in Antalya every year in the summer. Opera and ballet companies from several different countries participate in it.

The Infiorata Festival, Italy : The word “infiorata” means “decorated from flowers”. The festival is celebrated in May and June. Carpets out of flowers are made on the streets. Artists display their talent on the side streets and guests are attracted to this “flower street gallery”.

Religious Festivals :

Food and Drink Festivals :

Seasonal Festivals :

Art Festivals :

B. Read the text again and write true (T) or false (F).

1. Festivals give people happiness and joy.
2. People are covered with paints and coloured powders at the Infiorata Festival.
3. Sky lanterns are used at the Yi Peng festival.
4. You can visit the International İstanbul Biennial every year.
5. Tourists make pizzas at the Pizzafest.
6. Opera and Ballet Festival is performed at the Aspendos Ancient Theatre.

C. Read the text about various cuisines. Read the ingredients of the given dishes on the menu and classify their cuisine.

CUISINES

A cuisine is a style of cooking. It is characterized by distinctive ingredients, techniques and dishes. A cuisine is influenced by local ingredients, regional food preparation traditions and religious food laws. Delicious food is made all over the world and every region has its own characteristics. It is impossible to objectively decide which cuisine is the most delicious. The best cuisines of the world have different characteristics.

Italian: Home of pasta and the pizza. Italian food is a simple dish with only a few ingredients. Tomatoes and basil, olive oil and cheese are typical Italian products in Italian food.

Indian: Dishes are based on rice and often vegetarian or with chicken and seafood. Spices like coriander, ginger, cumin, saffron, chili flavour these dishes.

Thai: Chili is widely used in stir-fried rice and noodle dishes with lots of vegetables, coconut, basil, lemon grass, tofu, spices and curry-sauces.

Mexican: Chicken, tortillas, corn, rice and beans are the basics of Mexican food. You can also have sweet potatoes, peanuts, avocados, tomatoes, chili, garlic, cinnamon and onions in Mexican dishes.

Turkish: Turkish cuisine is both healthy and delicious. All vegetables are cooked in an extremely delicious way. Kebabs are the most popular dishes. Meat is cooked directly on fire.

English: Typical English food consists of fish and chips, a full English breakfast, a Sunday roast, pies and stews. English food is much simpler than the other cuisines.

Chinese: Most meals are served in small pieces. Basics include rice and noodles. Vegetables, chilies and fish sauce are always served with the dishes.

French: French cooking is known for its class and superb ingredients. Onions, cheese, mushrooms, sea food, croissants and the baguette are the typical ingredients for a French dish.

Caprese Salad with Pesto Sauce (tomatoes, mozzarella cheese, olive oil, pesto sauce, basil) (_____)

Beef Bourguignon (beef, cream, garlic, mushrooms, fresh herbs, onions) (_____)

Khao Pad (rice, egg, onion, herbs, lemon, cucumber, prawns, chicken, basil, chili, vegetables, coconut) (_____)

Tacos (Lettuce, chili, onion, tomato, corn, green pepper, beans, olive oil, garlic, cumin, coriander, black pepper, taco shells) (_____)

D. Read the text again and complete the sentences

1. A cuisine is influenced by _____.
2. If you want to eat the best pasta, you should go to _____.
3. _____ cuisines use spices a lot.
4. Chili is used in _____ cuisines.